# Skin and Lash Procedures Regulated by the NJ Board of Cosmetology and the NJ Board of Medical Examiners

The following procedures are not considered to be permanent cosmetics and are therefore not subject to the Body Art Rule N.J.A.C. 8:27.

#### Contents

K	egulatory Agency: The New Jersey Board of Cosmetology	. 2
	Eyelash Extensions	. 2
	Eyelash Perming	2
	Lash Lift	. 3
	Vitamin Lash Lift	3
	Eyebrow Waxing	3
	Eyebrow Threading	3
R	egulatory Agency: The New Jersey Board of Medical Examiners	4
	Micro-needling	4
	Laser removal, laser resurfacing, and laser skin rejuvenation	4

# Quick Reference Guide: Cosmetology procedures for lashes and brows



# Regulatory Agency: The New Jersey Board of Cosmetology

The New Jersey Board of Cosmetology is the Regulatory Agency that governs all cosmetic procedures. In most cases, this means any non-invasive, skin surface applications.

Visit their website at: https://www.njconsumeraffairs.gov/cos

Or call: (201) 504-6400 or 1 (800) 242-5846

### **Eyelash Extensions**

Cosmetic Application used to enhance the length, curl, fullness and thickness of natural eyelashes. The extensions may be made from, but not limited to mink, silk, synthetic, human or horsehair. During this process cyanoacrylate is the main method of application.

## **Eyelash Perming**

This is a perming process that uses protective cream and small curved pads or rollers on the eyelids. The eyelashes are coated in glue and pushed against the curved pad. The glue keeps them in place while a curling solution is applied. The solution stays on for 10 minutes and a second solution follows. The solution is then washed off and the pads are removed, leaving lashes with a freshly curled appearance.

#### Lash Lift

Is the same basic process as a perm, adds a lash tint or a keratin solution, which is supposed to thicken and lengthen the hair.

#### Vitamin Lash Lift

This incorporates tinting which allows lifting, strengthening and straightening (with a slight curve) eyelashes using a combination of vitamins, natural oils and amino acids. This process utilizes silicone pads to lift the eyelashes and coat them with vitamin based lifting product. This allows the eyelashes to grow as much as 50%, for a thicker and longer look.

#### **Eyebrow Waxing**

The removal of stray strands of hair with a single strip of wax.

#### **Eyebrow Threading**

Eyebrow threading is a hair removal technique for eyebrows and other facial and body hair. Eyebrow threading involves twisting a piece of thread, usually cotton, into a double strand. This double stranded thread is used to pick up a line of hair and then remove it, creating a precisely shaped brow or hairline.

# Regulatory Agency: The New Jersey Board of Medical Examiners

The New Jersey Board of Medical Examiners is the Regulatory Agency that governs all skin-invasive procedures, except for body art.

Visit their website at: http://www.njconsumeraffairs.gov/Bme

Or call: (609) 826-7100

#### Micro-needling

This is also known as (collagen induction therapy) which is a minimally-invasive treatment that is intended to stimulate collagen in the skin. A small device with fine needles creates tiny punctures in the top layer of the skin (typically 0.5-1 mm deep), which stimulates the skin's natural ability to heal itself and, in the process, produces collagen and elastic. This will improve the texture and firmness of the skin, as well as reduce scars, pore size and stretch marks.

#### Laser removal, laser resurfacing, and laser skin rejuvenation

In New Jersey, laser devices are used exclusively by licensed physicians to remove or treat skin conditions. It can also be used for removing tattoos.